

Elderly Services

(Meals on Wheels)...203-743-5418 or 860-489-2587
 Alzheimer's Association Hotline.....800-621-0379
 CT Homecare Program for Elders.....1-800-654-2183
or 203-596-4800
 CT Rides..... 1-877-287-4337
 Department of Veteran Affairs.....1-800-447-0961
 Dial A Ride..... 860-945-5250
 Elder Abuse Hotline800-252-8966
 Eldercare Locator.....800-677-1116
 Elderly Nutrition Program
 Hospice & Palliative Care of CT.....1-888-633-6664
 Legal Services Consumer Law Project for Elders
 800-296-1467
 Money Management Program.....800-870-1852
 National Alzheimer's Association.....800-256-5502
 New Opportunities203-575-9799

- Chore Program Ext. 237
- COPE Program Ext. 244
- Renters Rebate Ext. 244
- Senior Companion Ext. 214
- RSVP Ext. 220
- Foster Grandparents Ext. 245
- Voice Care Emergency Response System Ext.209

Northwest Ombudsman.....203-597-4181
 NW Persons w/Disabilities Programs ..203-729-3299
 Waterbury Hospital Be Well Bus.....203-573-7711
 Watertown Senior Center.....860-945-5250
 Wtby Hospital Social Services.....203-597-4057
 WTN Tax Credit/Town Assessor 860-945-5235

Social Security

Danbury.....860-275-7821
 Enrollment, New or Lost Cards.....800-772-1213
 Torrington.....877-405-0486
 Waterbury.....877-405-4874

Legal Services

CT Legal Services,.....800-453-3320
 CT Legal Services, Housing, Disability, Civil Rights,
 Domestic Violence, Medicaid Waterbury
203-756-8074 or (800)-413-7797

Medicare/Medicaid

Medicare General.....800-633-4227
 Medicaid Participating Doctors/Dentists
866-409-8430
 Center for Medicare Advocacy/Denials for Medicare,
 Medicaid, HMO800-262-4414 or 860-456-7790
 Medicare, Railroad Retirees Only800-833-4455

Shelters and Housing

American Red Cross Middletown.....860-347-8686
 City of Danbury Shelter.....203-796-1661
 East Hartford Shelter.....860-568-0323
 Fish of Torrington Shelter.....860-496-1648
 Friendship Center New Britain.....860-225-0211
 Harmony House Shelter Danbury.....203-792-8609
 Immaculate Conception Hartford.....860-724-4823
 Open Hearth Hartford.....860-525-3447
 Salvation Army Hartford.....860-543-8423
 Salvation Army Men's- Shelter New Britain.....860-225-6662
 Shelter Now Meriden.....860-237-4020
 Shelter of The Cross.....203-791-0105
 South Park Inn Hartford.....860-724-0071
 St. Elizabeth House Hartford.....860-560-4100
 St. Vincent DePaul Bristol.....860-589-0702
 St. Vincent DePaul's Shelter Waterbury.....203-753-9018
 Stewart McKinney Shelter Hartford.....860-722-6922
 The Eddy Shelter Middletown.....860-343-5520
 Wtby Salvation Army Emergency Shelter.....203-756-1718

Food and Clothing Regional Availability

Acts 4 Thrift Store.....203-574-2287
 CT Mobile Food Bank.....203-759-1919
 Ct. Department of Social Service.....203-597-4000
 Diaper Bank.....203-596-9359 or 203-346-1301
 End Hunger CT.....860-560-2100
 Goodwill Industries.....203-591-8038
 Greater Waterbury Interfaith Ministries.....860-754-3116
 Red, White & Blue Thrift Store.....203-591-1746
 SNAP (Food Stamps) Litchfield County860-387-0448
 St. Vincent DePaul's Soup Kitchen- WTBY..... 203-757-0411
 The Father's House860-417-3535
 Watertown Food Bank.....203-945-5252

Energy Assistance

Ecumenical Fuel Bank.....860-274-8676
 New Opportunities for Waterbury.....203-756-8151
 Operation Fuel.....860-243-2345
 Watertown/Oakville Residents 55+
 Senior Center at860-945-5250
 Watertown /Oakville Residents 55
 Social Services at860-945-5252

AREA ON AGING:

State Department of Aging.....860-424-5274
 Western 203-757-5449

Printing Courtesy of
BTS Graphics & Printing
 860.274.6422



Resources Watertown Human, Social and Leisure Services

Watertown Social Services
 860-945-5252
 Watertown Senior Services
 860-945-5250
 Watertown Recreation
 860-945-5246

Services offered for Watertown/Oakville Residents

Watertown Recreation Department- 61 Echo Lake Road Watertown.....	860-945-5246
Watertown Police Department-Emergency.....	911
195 French Street Watertown...Routine.....	860-945-5200
Watertown Fire Department-Emergency.....	911
935 Main Street Watertown...Routine.....	860-945-5220
Social Services of Watertown- 61 Echo Lake Road Watertown.....	860-945-5252
Falls Avenue Senior Center- 311 Falls Avenue Oakville	860-945-5250

Social Services Regional and State Providers

(DCF) Child Abuse.....	1-800-824-2288
Alcoholics Anonymous-local Services.....	203-755-2124
Behavioral Health & Mental Health.....	203-753-2626
Connecticut Gambling Hotline	1-800-346-6238
ConnPACE.....	800-423-5026
CT State Dental Association.....	860-278-5550
Department of Children & Families-	
Department of Consumer Protection, Complaints...	800-842-2649
Domestic Violence, Crisis Line.....	888-774-2900
Domestic Violence.....	203-575-0036
Family Services of Greater Waterbury.....	203-756-8317
Hospice & Palliative Care of CT	888-633-6664
HUSKY, Insurance for Children.....	860-424-5543
Info-line (State wide).....	211
Mental Health.....	203-573-6500
Protective Services (Torrington).....	860-496-6950
Protective Services (Waterbury).....	203-597-4141
Safe Haven of Greater Waterbury-	
Safe Haven of Greater Waterbury-	
Sexual Assault.....	203-753-3613
St. Mary's Hospital Behavioral Health Center.....	203-709-6201
Statewide Legal Services of CT.....	1-800-453-3320
Waterbury Hospital's Crisis Services-	
Waterbury Hospital-West Main-	

Department of Social Services (DSS) Regional Offices

Danbury	203-207-8900
Torrington.....	860-496-6900
Waterbury	203-597-4000 (855) 626-6632

Social Services National Network

(Suicide Crisis Hotline).....	1-800-273-8255
24/7 Drug Alcohol Rehab Referral System.....	800-521-7128
24/7Drug Addiction Hotline.....	866-675-4912
Al-Anon/Alateen.....	800-352-9996
Alcohol Abuse and Crisis Intervention.....	800-234-0246
Alcohol Hotline Support/Information.....	800-331-2900
Alcohol/Drug Abuse Helpline/Treatment.....	800-234-0420
Alcoholic Anonymous(Hotline).....	1-866-763-7712
American Cancer Society.....	800-227-2345
American Diabetes Association.....	800-842-6323
Boys Town Suicide/Crisis Line.....	800-448-3000
Cancer information Service.....	800-422-6237
Catholic Charities.....	203-755-1196
Child Abuse Hotline.....	800-342-3720
Child Abuse NATIONAL Hotline.....	800-252-2873
Child Find of America Hotline.....	800-426-5678
CONFIDENTIAL Runaway Hotline.....	800-231-6946
Covenant House Hotline.....	800-999-9999
Daycare Complaint Line.....	800-732-5207
Family Intervention Services	203-753-2153
<i>Provides outpatient Substance Abuse treatment</i>	
Look Good/Feel Better.....	800-332-2832
<i>Free service program for women with cancer</i>	
Missing Children Network.....	800-235-3535
Morris Foundation.....	203-753-1143
<i>Provides residents substance abuse</i>	
Narcotics Anonymous(Hotline).....	1-800-627-3543
National Adolescent Suicide Hotline.....	800-621-4000
National AIDS Hotline (for hearing impaired).....	800-243-7889
National AIDS Hotline (Spanish).....	800-344-7432
National AIDS Hotline.....	800-342-2437
National Association of Anorexia.....	847-831-3438
National Child Abuse Hotline.....	800-422-4453
National Cocaine Hotline.....	800-262-2463
National Domestic Violence(Hotline).....	1-800-799-7233
National Drug Info Treatment/Referral Hotline.....	800-662-4357
National HIV/STD Hotline.....	800-227-8922
National Hotline for Missing/Exploited Children.....	800-843-5678
National Mental Health Association.....	800-969-6642
National Prevention Information Network.....	800-458-5231
National RAINN Rape Crisis Hotline.....	800-656-4673
National Suicide Prevention Lifeline	
National Youth Crisis Hotline.....	800-488-4663
Parent Abduction Hotline.....	1-800-292-9688
Parent Hotline.....	1-800-840-6537
Poison Control (Any substance).....	1-800-662-9886
Poison Control (immediate help).....	1-800-222-1222
Run Away Switchboard.....	1-800-786-2929
Runaway Hotline(ages 12-21).....	1-800-786-2929
Services for the Blind.....	1-800-842-4510
The Alcohol/ Drug Addiction Resource Center.....	800-390-4056
Thursday's Childs National Youth Advocacy.....	800-872-5437
Veterans (Suicide Crisis Hotline).....	1-800-273-8255
Well path.....	1-866-543-2774

Housing Authorities in the Watertown-Oakville Area

Watertown Housing (Truman & Buckingham Terrace & Country Ridge) 1091 Buckingham Street Watertown, CT 06779 860-274-0598	Wood View Apartments 88 Cobb Street Oakville, CT 06779 860-274-1789
Bantam Housing Authority c/o Wells Run 55 Whiting Street Box 805 Plainville, CT 06062 860-567-5308	Thomaston Social Services Green Manor P.O. Box 136 Main Street Thomaston, CT 06787 860-283-0756
Bethlehem Housing Authority c/o North Purchase 11 Jackson Lane Bethlehem, CT 06751	Waterbury Housing 2 Lakewood Road Waterbury, CT 06704 203-596-2650
Morris Housing Authority c/o Eldridge Senior Housing 109 East Street Morris CT 06763 860-567-7437	Southbury Housing Authority c/o Grace Meadows 380 North Poverty Road Southbury, CT 06488 203-264-3228
Naugatuck Housing Authority 16 Otis Street Naugatuck, CT 06770 860-729-8214	Woodbury Elderly Housing 823 Main Street South Woodbury, CT 06798 203-266-4628

Veteran's Resources

Ct. Dept. of Veteran's Affair - Disability, Medical Benefits & Pensions	203-805-6340
Ct. Dept. of Veteran's Employment Services in Wtby, CT:	203-437-3295 or 203-437-3294 or 203-437-3297
Ct. Military Order of Purple Heart Chapter 1 Derby, Ct.	860-839-3099
Veteran's Help & Assistance(Local)	860-945-7427
Veterans Affairs	1-800-447-0961
Waterbury DOL in Waterbury for homeless Veterans	860-263-6530

Local Hospitals

Charlotte Hungerford Hospital	860-496-6666
MidState Hospital.....	203-694-8200
St. Mary's Hospital.....	203-709-6000
Waterbury Hospital.....	203-573-6000